Due to the ongoing COVID-19 pandemic there are a number of changes to procedures and protocols for all attendees at **scottish**athletics events. These changes are for everyone’s safety, and all attendees must take responsibility for their own hygiene and safe conduct before, during and after attending any event.

**COVID-19 Testing and NHS Scotland Test & Protect**

You should NOT attend an event if-

* You have COVID-19 symptoms.
* Someone in your household has COVID-19 symptoms.
* If you have been asked to self-isolate at home by the [Scottish Government Test and Protect system](https://www.gov.scot/collections/coronavirus-covid-19-guidance/#testandprotect%3Agettingtestedandself-isolating).
* If you are returning from a country outside the UK you must follow the Scottish Government guidance on quarantine.

**scottish**athletics supports NHS Scotland’s Test & Protect programme. This will require that your contact details be shared with NHS Scotland, if requested in relation to a potential COVID-19 outbreak. We have made this decision to protect all competitors, attendees and volunteers at our events. Details shared will be your name and contact number only.

**Spectators**

Under current guidance, limited numbers of spectators are permitted to attend events (maximum numbers depend on the level of the local authority at the time and the venue’s capacity).

Stadium Events – Track & Field

Any spectators (including coaches) should apply for accreditation through the **scottish**athletics fixture page for the event they would like to attend.

Non Stadium Events – Cross Country

Team Managers or other club representative should be responsible for maintaining a record of non competing persons at an event. The Team Managers details will be provided to NHS Scotland if requested.

**Physical Distancing**

Although physical distancing is no longer required within the covid secure environment, **scottish**athletics recommend that athletes and spectators should remain 1m apart when possible.

**Face Coverings**

All event attendees are reminded to bring suitable face coverings with them when attending events as everyone is expected to wear a face covering whilst indoors. Please be aware that attendees who do not comply with this requirement may be asked to leave, or may be refused entry.

**Toilets, Changing, Storage and Catering**

Toilets only will be available. Athletes and officials must wear a face covering when indoors.

There will also be no dedicated changing areas. Athletes are encouraged to arrive prepared to compete. There will also be no designated bag drop/storage area, so athletes are asked to bring only what they will need during the competition.

Attendees should bring their own refreshments as required. Any rubbish should be disposed of in the bins provided or taken away with you - do not leave anything in the warm up area, at the competition site or in spectator areas.